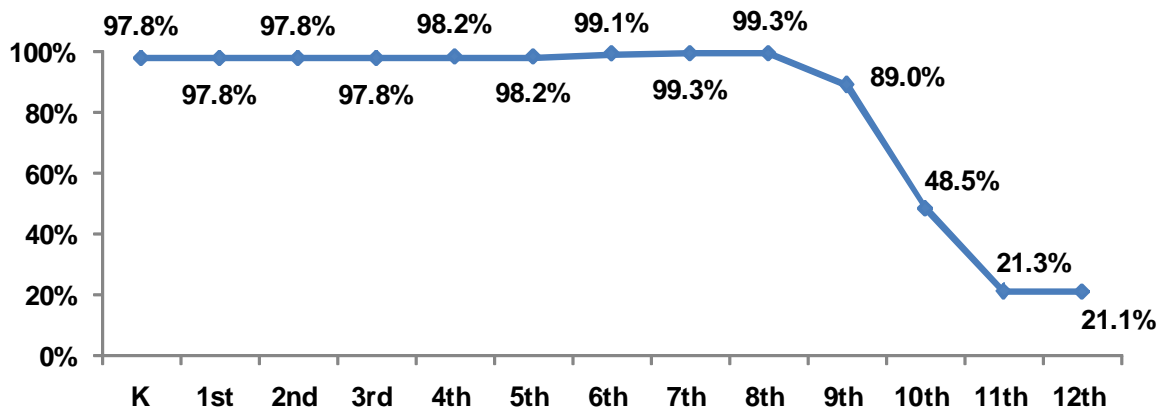


Supports for physical activity, including P.E., within Nebraska public schools, 2010

Figure 1: Percentage of schools that taught a required physical education (P.E.) course in the following grades



Source: 2010 NE School Health Profiles

- ◆ Fewer than half of schools (43% elementary, 46% secondary) offered opportunities for all students to participate in intramural or physical activity clubs.
- ◆ Approximately 8 in 10 elementary (82%) and 9 in 10 secondary (90%) schools were used by children or adolescents for indoor physical activity or as athletic facilities for community-sponsored physical activity classes or lessons.
- ◆ Nearly all schools (97.0%–99.6%) have students participate in recess during every school day from Kindergarten to 5th grade. However, participation in daily recess is less common among 6th graders (93.9%).



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About the data source: The School Health Profile (SHP) survey asks principals and lead health educators to complete surveys that ask about a variety of topics, including health education, physical education, and food service. The SHP was completed in Nebraska elementary, middle, junior/senior high, and high schools in the spring of even years from 1996-2010.

For more information, contact: Nutrition and Activity for Health • 301 Centennial Mall South, P.O. Box 95026 • Lincoln, NE 68509-5026 • Phone: 402-471-2101 • Website: www.dhhs.ne.gov/nafh